

TOPP NEWS

Highlights of 2019 from TOPP Foundation

Dear T1D Families and TOPP Supporters,
Thank you all for making 2019 such an exciting and successful year!! Whether you have donated, attended or volunteered for an event, or even just gave us a shout out of encouragement, we appreciate you! - Christine Gunsiorowski, Co-founder and President

2019 TOPP Highlights

FUNDRAISING This year, we had two fun and successful fundraisers

- Designer Bag Bingo (on 5/5/19) raised over \$16,000
- Cocktails for a Cure (on 11/2/19) raised over \$40,000!

If you were able to join us for one of these events, we thank you for attending and we hope you had as much fun as we did! If you donated money, a basket or an item, we thank you for your generosity! We couldn't do it without you.

DONATING TO RESEARCH We are proud to be able to contribute to research

- \$10,000 to JDRF's Fund A Cure program. All donations to "Fund A Cure" go directly toward cutting-edge medical research aimed at improving the lives of individuals with type 1 diabetes (T1D) and ultimately finding a cure.
- \$30,000 donation in support of the Diabetes Research Institute. All donations go directly towards cutting-edge medical research aimed at curing type 1 diabetes. This is the largest one-time donation TOPP has made to date. "We are both grateful and thrilled to begin this relationship with TOPP Foundation. The sole purpose of the Diabetes Research Institute is to find a cure for diabetes. TOPP is made up of parents, like me, who strive to help find a cure once and for all for our kids" Tom Karlya (Senior Vice President for the Diabetes Research Institute Foundation, and a parent to two children living with type 1 diabetes).

CAMP SCHOLARSHIP PROGRAM

In 2019, TOPP continued our camp scholarship program designed to help local children experience the joys of camp by giving financial aid to help T1D children attend a specialized summer camp. TOPP was honored to receive a \$1,790 grant from the Central Bucks Rotary Club and this generous grant helped us distribute \$2,600 in scholarships to four campers (age 7-15). TOPP's next camp scholarship window will open in February and end on May 15th, 2020. For more information or to donate to our camp fund, visit www.toppfoundation.org.



Our four camp scholarship awardees with Kimberly Malone, TOPP board member, and her daughter, Riley.



TOPP SOCIALS

These fun events are a great way for T1D families to meet and support each other.

- teen night at a Flyers game
- teen activity “Game Night”
- 8 lunch “meetups”
- Winter bowling family social
- Spring roller skating family social
- Summer Social, “Popsicles in the Park”
- TOPP Holiday Open House for parents

PARENT MEETINGS

TOPP held monthly parent support group meetings and hosted three phenomenal speakers:

- A Registered Dietitian and Diabetes Health Coach who is also the parent of a child with T1D who discussed how diabetes affects a child’s relationship with food and their body image
- A Medicaid Specialist who gave information about the complex Medicaid system for Children with T1D
- A Registered Dietitian and mother of a T1D teen who talked about how to deal with sports and activities and their impact on blood sugar.



LOOKING AHEAD TO 2020

- In 2020 TOPP will continue our mission to support T1D families and build a strong T1D community while also raising funds and awareness of type 1 diabetes. Among other things, TOPP will continue to host speakers, plan T1D family social gatherings and raise funds for research through fun fundraising events.
- Our next fundraiser is our annual Designer Bag Bingo Night on April 3, 2020. This event always sells out early so mark your calendars now!
- Starting in January we will be hosting our monthly TOPP Parent Meetings at various locations, places we can grab a bite to eat, or just a place to sit and talk with other T1D parents. The Central Bucks Rescue & Ambulance Bldg will still be used when we have guest speakers. This change will also enable us to host on different week nights. We hope this change will enable more of our parents to join us. This month's meeting will be on Tuesday, January 21st, 7:30 pm at Panera Bread in Doylestown.

Save the Date
 TOPP FOUNDATION'S
Designer Bag
BINGO
 Friday, April 3, 2020



- We are very excited to announce a new partnership between TOPP Foundation and The Little Gym of Doylestown where we will create a unique opportunity for children with T1D to meet others and have some fun! This partnership will help us with our goal to support T1D families with younger children. More details to come...

THANK YOU!

Your generosity and support helped TOPP continue our mission. We are humbled, grateful, and inspired! We couldn't do it without your help! To stay updated on TOPP, please like our Facebook page, find us on Twitter and Instagram and visit our website at www.toppfoundation.org for more detailed information. Please reach out to us if you have a question or if you would like to join our volunteer team.